

# CATE SWILLINGER

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CS

## Professional Summary

Healthy Aging Coach, chiropractor, teacher and consultant with 30 years of health and wellness management experience in Barcelona, Spain.

Student Recruiter for the Barcelona College of Chiropractic.

Techniques: Diversified, SOT, Thompson, Activator and Webster.

## Experience

**Owner and Chiropractor**  
**Centro Quiropráctico Bienestar**  
Barcelona, Spain — 2017-Present

**Clinical Practicum Lecturer**  
**Barcelona College of Chiropractic**  
Barcelona, Spain — 2017-2021

**Associate Chiropractor**  
**Ona Quiropráctica**  
Barcelona, Spain — 2014-2017

**Owner and Chiropractic Assistant**  
**Centro Quiropráctico Bienestar, Barcelona**  
Barcelona Spain — 2006-2012

**Owner and Chiropractic Assistant**  
**Centro Quiropráctico Olímpico**  
Barcelona Spain — 1994-2005

## Education

### **Barcelona College of Chiropractic**

Masters & Título Superior — 2009-2014

#### *Awards and Honors*

- Cum Laude
- Course Engagement Student of the Year Award (2011)
- Excellence in the Development of BCC Award (2014)

### **University of San Francisco, School of Law**

Juris Doctorate — 1988-1991

### **University of California, Santa Cruz**

Bachelor of Arts, Sociology — 1982-1986

## Achievements

- Student Mentor, Barcelona College of Chiropractic.
- Creator of Brain Gym Barcelona: An exercise program to improve neurologic integrity.
- Creator of Chiro Kids: A vitalistic leadership training program for children developed for the Chiro Europe seminars.
- Organizer of Barcelona's 2016 World Spine Day Celebration.  
Watch this video to see how we celebrated World Spine Day:  
<https://www.facebook.com/vic.hego/posts/10211027065495578>
- Co-Founder and Treasurer of the Spanish Chiropractic Patient Association (APQE): The first national patient organization created to organize popular support and awareness of the chiropractic profession in Spain.

## Languages

- English (Native Speaker), Spanish (Fluent) and Catalan (Conversational).

## Memberships & Certifications

- European Chiropractor's Union
- General Chiropractic Council
- Spanish Chiropractic Association
- California State Bar Association
- Somato Respiratory Integration (Network)
- Webster Technique
- Certified Red Cross Volunteer

## References

Available upon request